



Contact Tracing in Maryland

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Agenda

- Terminology
- What is Contact Tracing?
- What to Expect from a Contact Tracing Call
- Confidentiality
- MD COVID Alert
- Resources and Assistance
- How We Can Help You

Terminology

- **Isolation**: Individuals who TEST POSITIVE (**cases**)
 - Duration:
 - At least **10 days** after symptom onset (or test date if asymptomatic), AND
 - **24 hours** fever free without the use of fever reducing medication, AND
 - **24 hours** of progressively improving symptoms
- **Quarantine**: Individuals who have been EXPOSED (**possible contacts**)
 - **14 days** is recommended
 - *Options for early release, provided the **possible contact** stays asymptomatic*
 - Release after **10 days** since last date of exposure without a test, OR
 - Release after **7 days** since last date of exposure if there is a negative test taken **on or after day 5** since last date of exposure

What Is Contact Tracing?

- Public health tool that can help slow the spread of infectious diseases such as COVID-19.
- It helps identify people who may have come into contact with an individual who tested positive for COVID-19.
- Ensure Marylanders who test positive, or who have been exposed, are safe and supported throughout their isolation or quarantine.

What Is Contact Tracing?

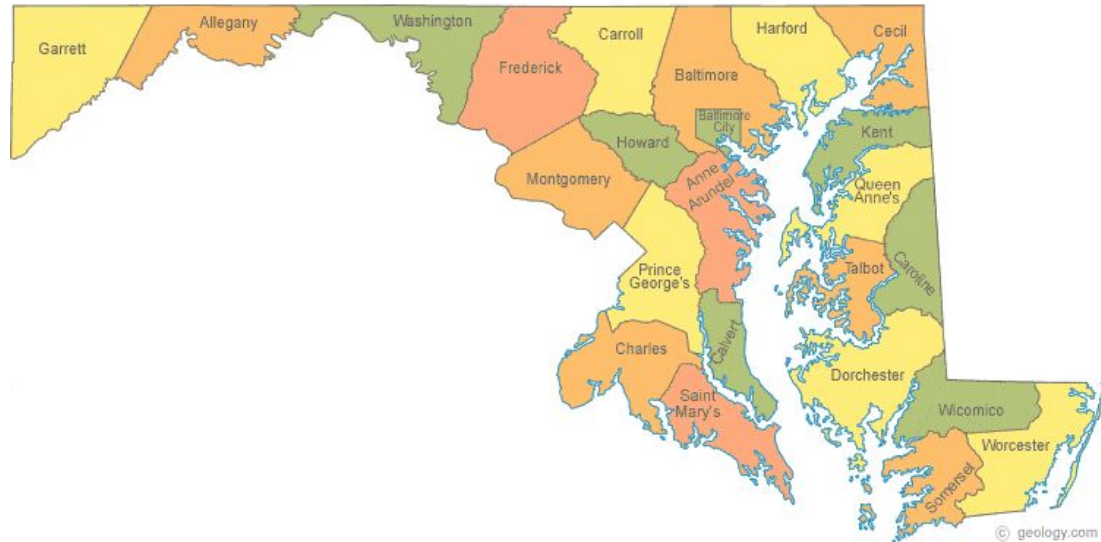
- BUT WHAT DOES THAT MEAN?



What Is Contact Tracing?

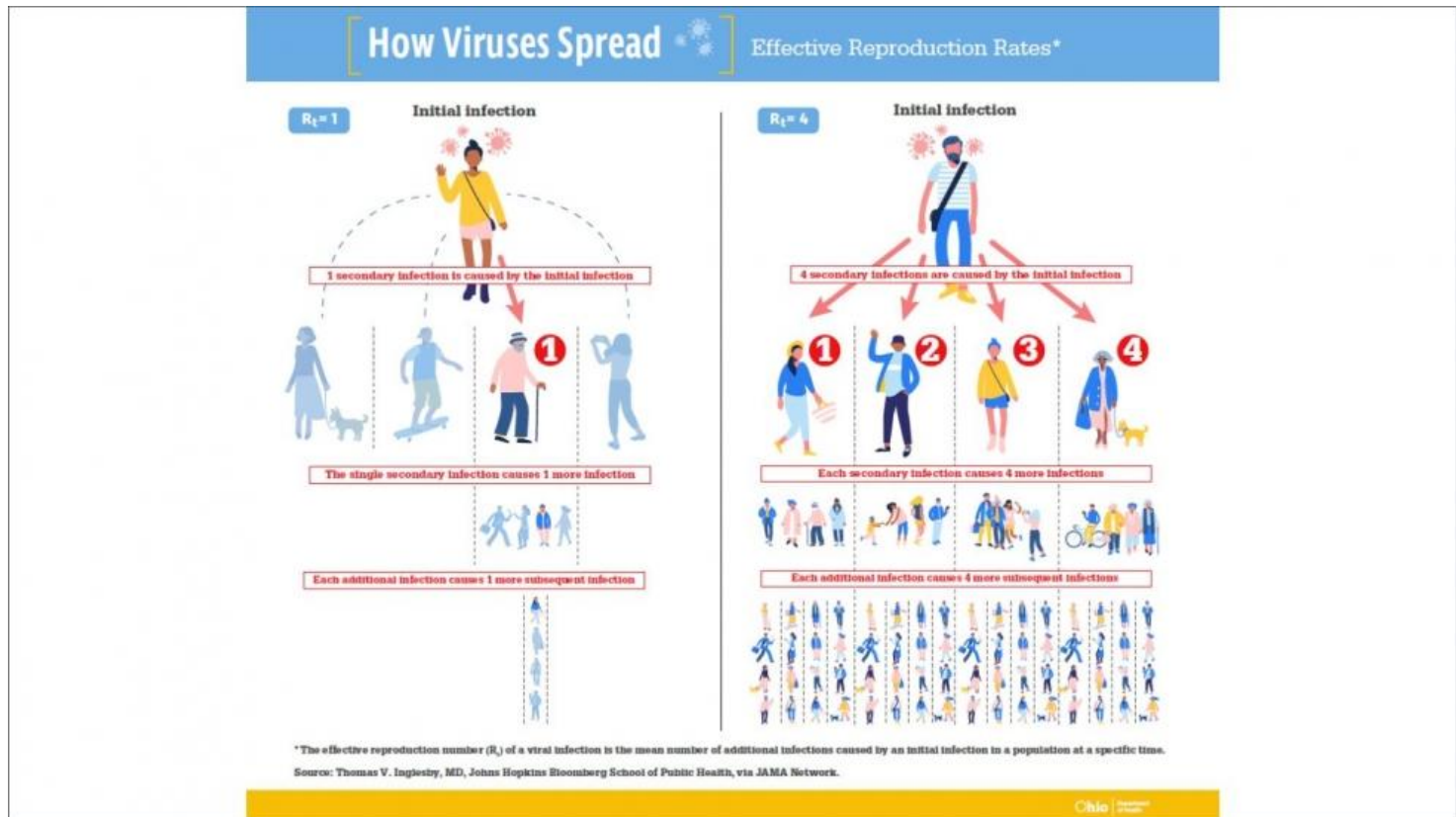
WHERE?

- Here in Maryland!
- Across all 24 Jurisdictions

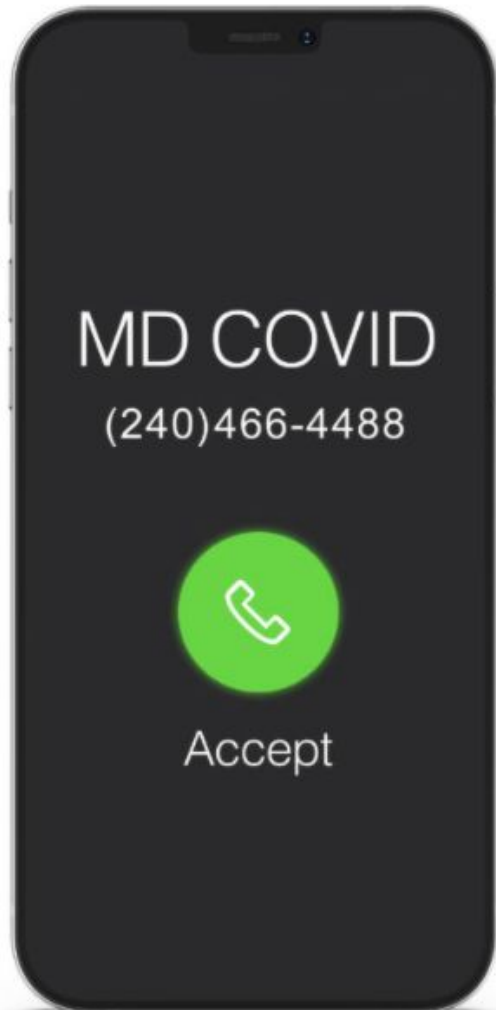


What Is Contact Tracing?

WHY?



What to Expect from Contact Tracing Call



When you see “MD COVID” or (240) 466-4488 on your phone, answer the call!

What Contact Tracers Do:

- Ask about symptoms, see how you’re feeling and assess if you need medical assistance
- Gather information on Possible Contacts
- Provide guidance for isolation/quarantine
- Answer questions
- Connect individuals to resources if they need them

What to Expect from a Contact Tracing Call

Contact Tracers **WILL** Ask For:

- Your date of birth
- Your address
- Your phone number
- Any symptoms you may be having and how you're feeling
- Contact information for your Possible Contacts
- Any assistance or resources you may need

Contact Tracers **NEVER** Ask For:

- Your social security number
- Financial or bank account information
- Personal details unrelated to COVID-19
- Photographs or videos of any kind
- Your passwords
- Money or payment
- Your immigration status

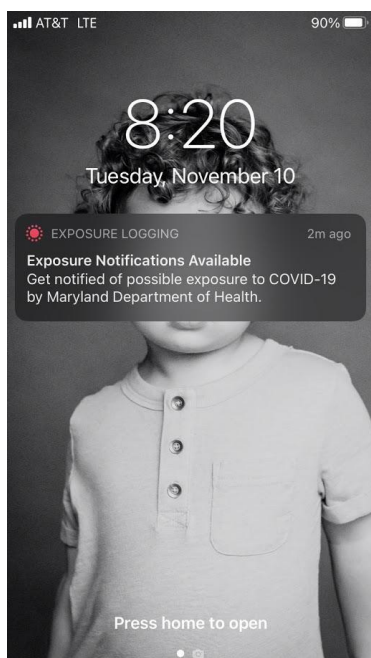
Confidentiality

- Contact tracers take extreme measures to protect the privacy of infected patients and maintain strict adherence to **HIPAA regulations**.
- During a trace investigation, a person will be notified that they may have come into contact with an infected individual, but the infected person's name is **not disclosed**.
- Information collected is only shared with the Contact Tracing Unit and local health departments and only on a need to know basis.
- Personally identifiable information is **NEVER** shared with outside agencies (i.e Immigration, housing authorities, employers).

MD COVID Alert

WHAT IS IT?


- Cell phone technology that notifies users they **might have been** exposed to COVID-19
- When **2 MD COVID Alert enabled cell phones** have been in close proximity, and later one of those phone users reports a verified COVID diagnosis, MD COVID Alert informs the other phone
- Keeps users completely **anonymous**
- Uses low energy bluetooth technology so it **DOESN'T**:
 - Drain your battery
 - Collect any personally identifiable information



MD COVID Alert

How Do I Download/Enable MD COVID Alert?

- **iPhones:** Through your [phone settings](#)
- **Android:** In the [Google Play Store](#)



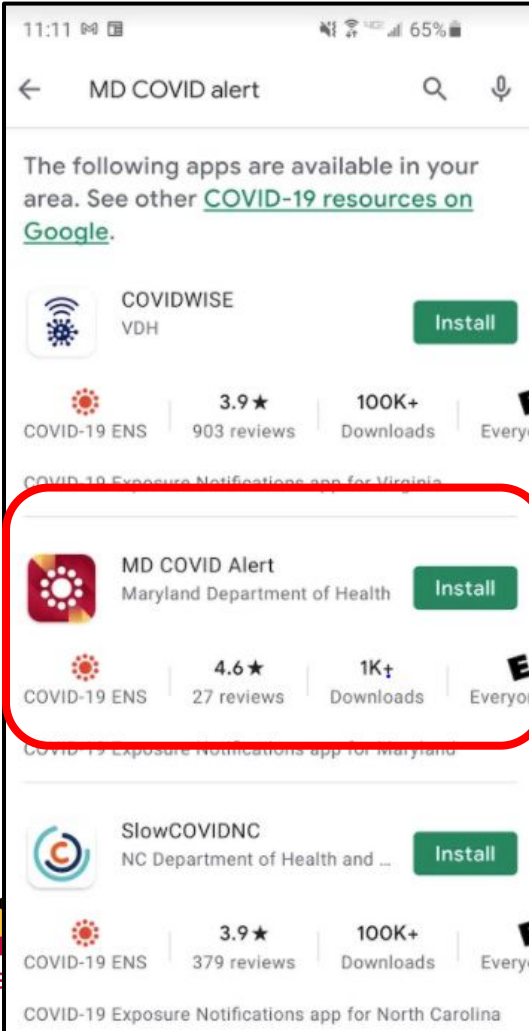
COVID-19 Exposure Notifications are Available

Your iPhone can tell you if you may have been exposed to COVID-19.

Your public health authority's guidelines determine if an exposure is significant enough to notify you and provide next steps.

[How Exposure Notifications Work](#)

Exposure Notifications keep a log of possible exposures on your iPhone while protecting your privacy. Your location is not shared. [Learn more...](#)



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← MD COVID alert

The following apps are available in your area. See other [COVID-19 resources on Google](#).

App Name	Developer	Rating	Reviews	Downloads	Age
COVIDWISE	VDH	3.9★	903 reviews	100K+	Everyone
COVID-19 ENS					
COVID-19 Exposure Notifications app for Virginia					
MD COVID Alert	Maryland Department of Health	4.6★	27 reviews	1K+	Everyone
COVID-19 ENS					
COVID-19 Exposure Notifications app for Maryland					
SlowCOVIDNC	NC Department of Health and ...	3.9★	379 reviews	100K+	Everyone
COVID-19 ENS					
COVID-19 Exposure Notifications app for North Carolina					

Resources and Assistance

Every Local Health Department in Maryland has a COVID Hotline that can help with:

- General COVID-19 Information
- County specific COVID-19 Information
- Questions about Isolation/Quarantine
- Resources needed for safe Isolation/Quarantine

Health Department	Phone Number
Allegany	301-759-5000
Anne Arundel	410-222-7256
Baltimore City	443-984-8650
Baltimore Co	410-887-3816
Calvert	410-414-2053
Caroline	410-479-8000
Carroll	410-876-4848
Cecil	410-996-1005
Charles	301-609-6717
Dorchester	443-521-0728
Frederick	301-600-6940
Garrett	301-334-7698
Harford	410-612-1779
Howard	410-313-6284
Kent	410-778-1350
Montgomery	240-777-1755
Prince George's	301-583-3750
Queen Anne's	443-262-9900
Somerset	443-523-1700
St. Mary's	301-475-4330 301-475-8016
Talbot	410-819-5600
Washington	240-313-3210
Wicomico	410-912-6889
Worcester	410-632-4021

How Can We Help You?

The Health Education and Outreach Team wants to help your communities and organizations by:

- Providing health education to your organization to increase awareness and address questions or concerns regarding Contact Tracing and COVID-19
- Provide data on your communities and their engagement with Contact Tracing
- Provide education and guidance on CDC recommendations
- Engage with your communities on how we can do better

Help Us Help You!

Invite us to strategize outreach, give educational presentations and share resources with you and your communities!

- Community meetings
- Coalition groups
- Organizational meetings
- Outreach strategies meetings
- Ect.

You're invited!

Questions And Contact Information



covidlink.maryland.gov

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